

# GRAVITY TRAINING SCHEDULE

VISIT OUR WEBSITE FOR UP TO DATE SCHEDULES AND POLICIES

## KID ZONE HOURS:

MON-FRI: 8AM-2PM • MON-FRI: 5-8PM • SAT & SUN: 8AM-12PM

COPPERMINE RACQUET & FITNESS			1420 CLARKVIEW ROAD BALTIMORE, MD 21209			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		6:30am (45min) GRAVITY STRENGTH Regina				
			7:30am (45min) GRAVITY PILATES Regina			
8:30am (45min) GRAVITY STRENGTH Regina	8:30am (45min) GRAVITY STRENGTH Regina		8:30am (45min) GRAVITY PILATES Regina			
9:30am (45min) GRAVITY BOOT CAMP Regina	9:30am (45min) GRAVITY STRENGTH Regina		9:30am (45min) GRAVITY PILATES Regina	9:30am (45min) GRAVITY Eddie		
10:30am (45min) GRAVITY BOOT CAMP Regina	10:30am (45min) GRAVITY STRENGTH Regina		10:30am (45min) GRAVITY PILATES Regina	10:30am (45min) GRAVITY Eddie		
12:00pm (45min) GRAVITY MIXED Regina						
6:00pm (45min) GRAVITY STRENGTH Regina						

Schedule Effective: October 1st, 2017

**REGISTER TODAY!**

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